

User led research: transforming learning and teaching about mental health

**Tuesday 16 February
2010**

10.30am - 3.30pm

*Centre of Excellence in
Interdisciplinary
Mental Health,
Watson Building,
University of
Birmingham*

A workshop for all involved in learning and teaching about mental health, across the disciplines in higher education



A deep pool of research now exists that has been led by service users and carers or relied upon their collaboration and support. Some of this has been published in academic journals. Much of it has not, and may be more difficult to find.

Service user and carer led research is an untapped resource, with the potential to transform curricula and to shape practice in the field of mental health.

This event, aimed at educators (including service user and carer trainers) aims to :

- improve knowledge of, and access to, high quality user led research
- provide opportunities to evaluate user led studies.
- review approaches to embedding user led research in teaching
- debate the benefits of involving service users and carers in research, and in research training.

The day will be facilitated by three experienced researchers: Jan Wallcraft (Independent Consultant), Ann Davis (Director, CEIMH) and Marion Clark (User involvement worker, CEIMH). It will be interactive, with opportunities for networking and discussion.



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